

Time	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Breakfast					6	
09:00 - 10:00	Gym Session	Gym Session	Gym Session	Gym Session	Life-coaching	
10:30 - 11:30	Field Session	Field Session	Field Session	Field Session	Fitness	
Lunch					6	
14:00 - 15:00	Time slot for academics, rest and school-rugby coaching					
15:00 - 16:30						
16:00 - 19:00	Provincial & Collegians team field sessions	Provincial & Collegians team field sessions	Provincial team field sessions	Provincial & Collegians team field sessions	Rugby Matches	
Dinner					9	

PROUD SPONSORS

RealNet

Annette Kasselman 082 900 6008

PROPERTIES



Jordaan physiotherapists

Karien Jordaan MSc. Physiotherapy

Γ: 051 446 0016 C: 082 708 0519

info@bloemphysio.co.za www.bloemphysio.co.za



CHEETAHS CENTRE

JP DU TOIT

Physiotherapist B. Sc Fisio (UFS) C: 084 034 4457



STUDY OPTIONS



Angie Allison

Operations Manager eta Bloemfontein

+27 51 4440 850 +27 81 583 1078

Email: angie.allison@etacollege.com

ACCOMMODATION

RUGBY HOUSE

Wayne 0792736376 0723497507 Marlize

STUDENT HOUSE

0735678025 Sinetemba **Ephraim** 0730569077

WHAT THIS PROGRAMME IS ALL ABOUT

- Central Rugby Unions feeder Academy
- Top Coaching Staff
- Playing in Mangaung Metro League
- Developing previously overlooked players into stars
- Ramblers/Collegians Rugby Facilities

Opportunities

Platform for athletes to play provincial rugby with opportunities such as:

- © Cheetahs "/19, "/20, "/21
- Ø Griffons ⁴/21

- Cheetahs Womens team
- Cheetahs Senior Amateur
- ⊘ 7's Programme







Griffons u/21



Griekwas u/21

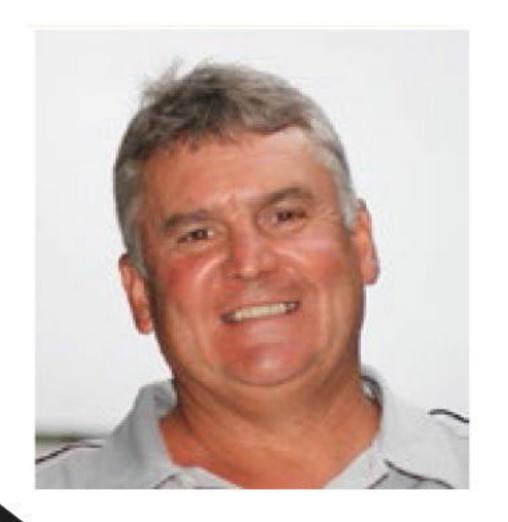


Cheetahs u/21

ABOUT

Our main aim is to support and develop rugby players (out of school) towards a professional career. We aim to create opportunities for our players to be noticed and to compete at the highest possible level.

We focus on developing balanced rugby players (men and women).



Chris Kasselman Managing Director

082 927 3734 chris@bloemrugby.co.za www.bloemrugby.co.za facebook.com/bloemrugby

STAFF

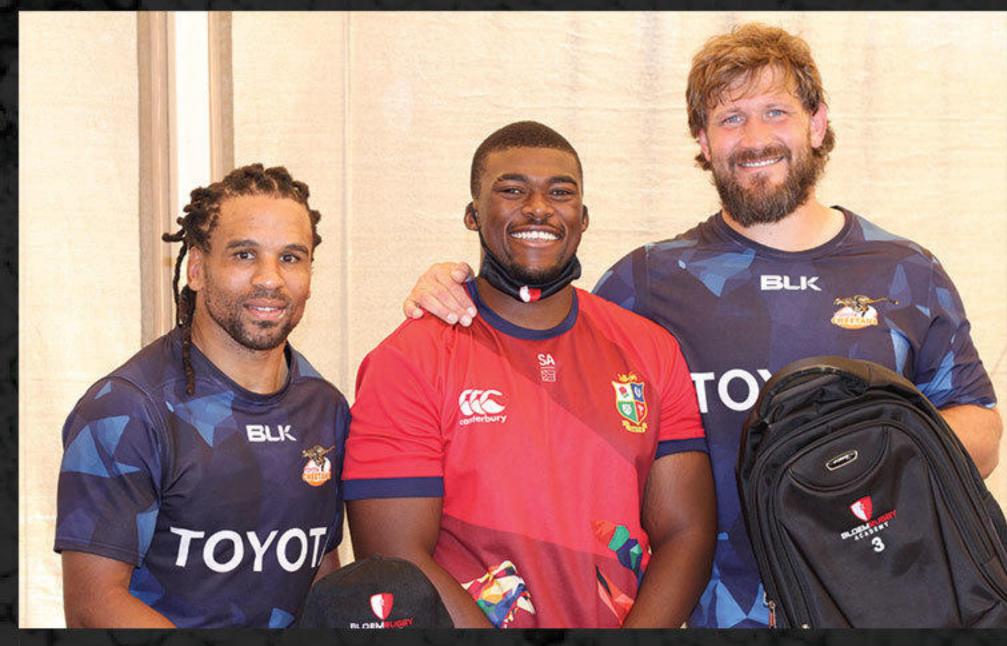
- Bobby Joubert (Head Coach and 7's Coach)
- Wian du Preez (Forwards) Former Springbok prop
- Marlize van der Merwe (Womens and Assistant Coach)
- Hendrik Ras (Assistant and 7's Coach)
- Wayne van der Merwe (Assistant and Life Coach)
- Zander Visser (Gym Coach)
- Johan Paulsen (Financial Director)













Cheetahs Amateur